



### WHO AM I?

I know that some of you already know me, but there are some of you that I have not gotten to know very well either because you are new members or the opportunity has not arisen for us to get to know each other on a personal level. I wanted to take time in my first newsletter article as President to tell you who I am.

I could tell you that I married my high school sweetheart when I was 19 and that we divorced 9 years ago after 17 years of marriage, but I am not defined by my marriage or my divorce. I could tell you that I am the mom of a 21-year-old daughter named Allyson and a 19-year-old son named Andrew, but I am not defined by my children. I could tell you that I am the executive assistant to Dr. Richard Jacobs who is the Chairman of the Department of Pediatrics at UAMS, but I am not defined by my job. I could tell you that I attended The Journey Church up until its closing at the end of August, but I am not defined by

what church I attend.

I will tell you that **I am** a follower of Jesus Christ because **I am** defined by my Creator.

“For You formed my inward parts; You wove me in my mother's womb. I will give thanks to You, for I am fearfully and wonderfully made; Wonderful are Your works, and my soul knows it very well. My frame was not hidden from You, when I was made in secret, and skillfully wrought in the depths of the earth; Your eyes have seen my unformed substance; and in Your book were all written the days that were ordained for me, when as yet there was not one of them.” (from Psalm 139)

Because my Creator made me who I am, I can enjoy the gifts in my life which include being single, being a mom, being an executive assistant and being a church member. I am so thankful for who He has made me to be. I am even grateful for the hard things in life because I know that He loves me and wants what is best for me. He knew everything about me and my circumstances before I ever even came into being.

Now, I will tell you that I will not push my faith on you this year. That is **not** what EWI is about. Everyone has their own beliefs, and I am very respectful of those beliefs. I only wanted you to know how important my faith is to me because it will most likely come out in what I say and do. It is **WHO I AM!** I look forward to getting to know *who you are* this year!

I am hoping to get my thoughts together regarding what I learned at LCAM in order to give you an update in next month's newsletter. If you did not get to go this year, I hope that you will be able to go in the future. It is a great way to obtain professional growth and network with other women in the executive world.

Go enjoy your day and **shine for the whole world to see!**

Belinda Shelton

2009-2010 President, EWI of Little Rock

Representing UAMS, Dept. of Pediatrics

# Meet your 2009-2010 Board of Directors!



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Thank you for your year of  
service and leadership Joyce!

**DATES TO NOTE****October 10, 2009**

Reading Rally  
10:00-1:00  
Murray Park, Pavilion #3

**October 20, 2008**

Chapter Meeting  
5:30 - Bruno's Little Italy, Bowman Rd.

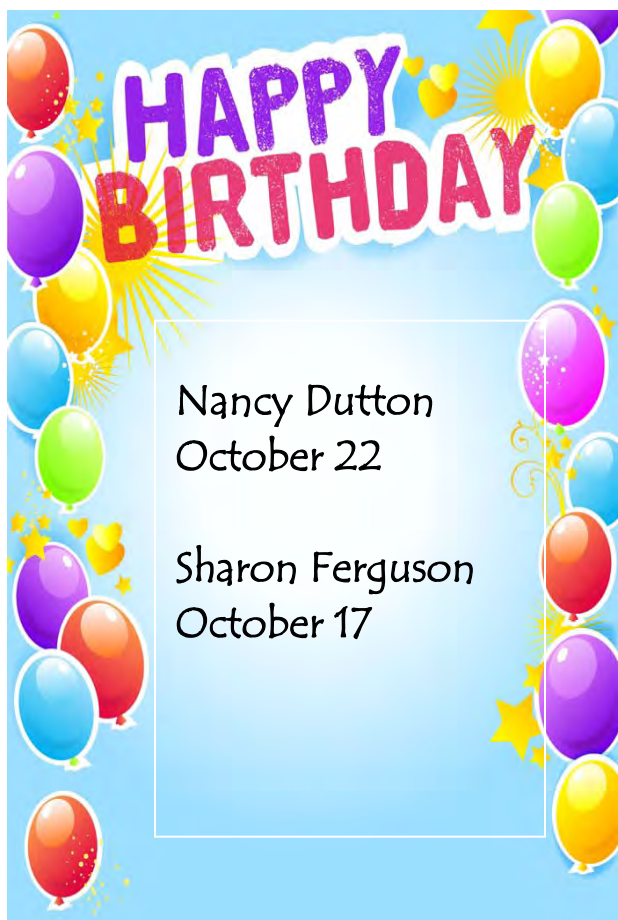
**WAYS AND MEANS  
Announcement!**

The October Raffle is going to  
make you a lady of leisure!

Picture this: \$150.00 professional cleaning  
service from Molly Maid!  
Includes 2 cleaning professionals and 2 hours of service!

*Compliments of Lynn Harbert and Delta Dental*

(NOTE: Due to the value of the raffle, tickets will be \$10 each.)



Nancy Dutton  
October 22

Sharon Ferguson  
October 17

*At the EWI Board Retreat held on Lake Catherine in Hot Spring on a beautiful October 3 fall day, our new chapter President, Belinda Shelton, was a big hit with this oh so delicious, recipe! We insisted that she share it with everyone. You are going to love this!*

Easy Cheese Danish (from the Apron Strings cookbook)

16 oz. cream cheese, softened  
1/2 tsp vanilla extract  
1/2 cup sugar  
2 cans crescent rolls  
1/2 cup raspberry jam  
1 egg, beaten

Combine the cream cheese, vanilla and sugar in a bowl and beat well. Unroll 1 can of crescent rolls. Place in a greased 9 x 13 baking pan, sealing the perforations. Spread the cream cheese filling over the dough. Top with the jam. Unroll the remaining crescent rolls and place over the top, sealing the edges with a fork. Brush with the egg. Bake at 350 for 25 minutes or until golden brown.